**Advising Portfolio**

**Department of Human Physiology**



Student Name:

Career Interests:

Expected Graduation Date:

**Human Physiology Mission Statement**

The mission of the Department of Human Physiology at Gonzaga is to foster undergraduate education, scientific research, and dissemination of information in the physiological and biomedical sciences. We value the aspirations, individuality, and success of our students, faculty, and staff who work and learn here. We value academic freedom, creative expression, the pursuit of excellence, and the discernment that stems from logic and reason. We value our shared responsibility to steward resources sustainably and responsibly. We aspire to be a preeminent and innovative undergraduate program in the physiological sciences. We seek to enrich the lives of others through teaching, mentoring, scholarship, experiential learning, creative inquiry, and scientific discovery.

**Four-Year Academic Plan**

At minimum, I will ask for an updated four year plan from you at least once every semester. I will provide an Excel template for you to use, and ask that you please use that template to develop your plan. Please also track your summer and study abroad courses (if applicable). Use the Course Progression forms found on the Human Physiology site to help guide you in the process.

[Course Progression forms](https://www.gonzaga.edu/school-of-nursing-human-physiology/departments/human-physiology/advising-plans)

**Gonzaga University Core**

As part of the above four year plan, you will incorporate courses to fulfill the University core. “The university core curriculum is a four-year, cohesive program of study anchored by this question: As students of a Catholic, Jesuit, and Humanistic University, how do we educate ourselves to become women and men for a more just and humane global community? Each year, as students progress through the program, they will address a main theme and question that support the anchoring question.”

The overview of the University core courses is provided on the next page. Additionally, please go to the GU Core website to get further information.

[Gonzaga University Core](https://www.gonzaga.edu/academics/undergraduate/general-degree-requirements-procedures/university-core)

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *Gonzaga University Core Progression* | | | | | | | | | | | | | | | | | | | | | | | | |
| **Yearly Question** | | **Fundamental Core Courses and Credits** | | | | | | | | | | | | | | | | **Broadening Courses** | | | **Required Course Designation** | | | |
| **Freshman** | **Understanding and Creating: How do we pursue knowledge and cultivate understanding?** |  |  | |  |  | | |  |  |  |  |  |  |  |  | |  |  |  | |  |  |  | |
| Writing (WE) (3 cr.) | Reasoning  (3 cr.) | | | | |  | First-Year  Seminar  (3 cr.) |  | Communication & Speech  (3 cr.) |  | Scientific Inquiry  (2+1 Lab cr.) |  | Math  (3 cr.) |  |  | Social & Behav. Science  (3 cr.) |  | |  | Writing Enriched (WE)  (3 total,  2 unspecified) |  | |
|  | |  |  | | |  |  |  |  |  |  |  |  |  |  |  |  | |  |  | |
| **Sophomore** | **Being and Becoming: Who are we and what does it mean to be human?** |  |  | |  |  | | |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  | |
|  | Christianity & Catholic Traditions  (3 cr.) | | | |  | |  | Philosophy of Human Nature  (3 cr.) | |  |  |  |  |  |  |  | Literature  (3 cr.) |  | |  | Social Justice  (SJ)  (1 unspecified) |  | |
|  |  | |  |  | | |  |  |  |  |  |  |  |  |  |  |  |  | |  |  | |
| **Junior** | **Caring and Doing: What principles characterize a well lived life?** |  |  | |  |  | | |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  | |
|  | World/Comparative Religion (GS)  (3 cr.) | | | | |  |  | Ethics  (3 cr.) | |  |  |  |  |  |  |  | History  (3 cr.) |  | |  | Global  Studies  (GS)  (2 total,  1 unspecified) |  | |
|  |  | |  |  | | |  |  |  |  |  |  |  |  |  |  |  |  | |  |  | |
| **Senior** | **Imagining the Possible: What is our role in the world?** |  |  | |  |  | | |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  | |
|  | Core Integration Seminar  (3 cr.) | | |  | | |  |  |  |  |  |  |  |  |  |  | Fine Arts  (3 cr.) |  | |  |  |  | |
|  |  | |  |  | | |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  | |
|  | **Total credits: 45** | 33 credits in the ***core*** of the Core | | | | | | | | | | | | | | | | 12 ***broadening*** credits in the Core | | | | | | |

**Graduate Program Requirements**

Many students in the Human Physiology degree program intend to pursue a graduate degree after graduation. In order to do this successfully, it is critical that you understand the pre-requisites, both in terms of classes and other activities. You also need to gain an understanding of the application processes, and other timelines. It is suggested that you spend dedicated time to research programs to determine:

* What career path most interests you
* What schools most interest you
* Entrance requirements
* Application process
* Rankings

Below are links associated with some common fields pursued by our students. Additionally, rankings of schools in that area are linked.

**The Association of American Medical Colleges**

<https://www.aamc.org/>

<http://grad-schools.usnews.rankingsandreviews.com/best-graduate-schools/top-medical-schools>

**The American Academy of Physicians Assistants**

<https://www.aapa.org/>

<http://grad-schools.usnews.rankingsandreviews.com/best-graduate-schools/top-health-schools/physician-assistant-rankings>

**The American Physical Therapy Association**

<https://www.apta.org/>

<http://grad-schools.usnews.rankingsandreviews.com/best-graduate-schools/top-health-schools/physical-therapy-rankings>

**The American Occupational Therapy Association**

<http://www.aota.org/>

<http://grad-schools.usnews.rankingsandreviews.com/best-graduate-schools/top-health-schools/occupational-therapy-rankings>

**Post Graduate Degree**

If you intend to pursue a post-graduate degree, please fill out this page. This will be critical information to fill out your 4-yr plan.

Field of Interest: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

List a minimum of three graduate programs, and requirements associated requirements (e.g. GPA, GRE, MCAT scores; pre-reqs; clinical hours required; etc.)

Program 1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Requirements:

Program 2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Requirements:

Program 3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Requirements:

**Clinical Hours**

Many programs require clinical (or shadow/intern/volunteer) hours prior to application. It is vital to accurately document them. Understand the requirements for the programs you are interested in. You may need to log:

* Location
* Date/time
* Supervisor
* Activities performed
* Signatures
* Summary of experiences

You can use the space below to begin logging your hours.