

Mark Young, Ph.D.  
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7.21.2009  
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**Assistant Professor, Department of Counselor Education, Gonzaga University, Year One**  
**Director of Marriage and Family Counseling Program**      **Counselor Education 2008-present**

### **Academic Degrees**

2005	Ph.D.	Counselor Education and Counseling	Idaho State University
2002	M. COUN	Master of Counseling: Marriage and Family Counseling	Idaho State University
2000	B.B.A.	Business Administration: Finance	Idaho State University

### **Certification or Licensing**

2007	Licensed Mental Health Counselor	Washington
2002	Licensed Professional Counselor	Idaho

### **Internships, in-service training, or specialized training**

2009	National Institutes of Health Regional Seminar on Program Funding and Grants Administration	Las Vegas, NV
2008	Gottman Institute	San Francisco, CA
2007	Emotionally Focused Therapy Externship	San Diego, CA
2005	Blackboard Course Design	Cheney, WA
2004	Web CT Course Design	Pocatello, ID
2004 – 2005	Doctoral Counseling Practicum	Pocatello, ID
2003	Emotionally Focused Couple Therapy	Seattle, WA
2003	Emotionally Focused Therapy	Logan, UT
2001 – 2002	Counseling Internship	Pocatello, ID

### **Professional Experience**

2008 – present	Assistant Professor	Gonzaga University
2007 – 2008	Adjunct Faculty	Gonzaga University
2005 – 2008	Assistant Professor	Eastern Washington University
2002 – 2005	Teaching Assistant	Idaho State University
2002 – 2005	Marriage and Family Counselor	Chubbuck, Idaho

### **Faculty and Administrative Load**

#### Fall 2008

EDCE 583	Intro to Marriage, Couple, and Family Counseling	3 credits
EDCE 594	Special Topics in Marriage, Couple, and Family Systems	3 credits
EDCE 639	Counseling Theories	3 credits
EDCE 685	Pre-Practicum (B) in Counselling	4 credits

#### Spring 2009

EDCE 592	Advanced Family Systems	3 credits
EDCE 638	Theories of Couples Counseling	3 credits
EDCE 686	Practicum in Counselling	5 credits

#### Summer 2009

EDCE	Prevention and Parent Education	3 credits
EDCE 603	Human Sexuality	2 credits

EDCE 689	Professional Seminar	3 credits
EDCE 698	Research and Statistics	4 credits
EDCE 699	Comprehensive Oral Examination	0 credits

### **Professional and Academic Associate Memberships – Outside of University**

Treasurer	Washington State Association for Counselor Education and Supervision	2007-present
President	Idaho Association of Marriage and Family Counselors	2004-2005
Vice-President	Idaho Association of Marriage and Family Counselors	2003-2004

### **Publications – Refereed**

Young, M. (2008). Attachment Theory's Focus in EFT: An interview with Susan Johnson. *The Family Journal: Counseling and Therapy for Couples and Families*, 16, 264-270.

Young, M. (2005). Creating a Confluence: An interview with Susan Johnson and John Gottman. *The Family Journal: Counseling and Therapy for Couples and Families*, 11, 219-225.

Young, M. (2004). Healthy Relationships: Where's the research? *The Family Journal: Counseling and Therapy for Couples and Families*, 12, 159-162.

### **Publications – Non Refereed**

Young, M. A. (2009). Attachment. In the American Counseling Association (Ed.), *American Counseling Association encyclopedia of counseling*. Alexandria, VA: American Counseling Association.

Young, M. A., & Basham, A. (2009). Consultation and supervision. In B. T. Erford (Ed.), *Orientation to the Counseling Profession: Advocacy, Ethics, and Other Essential Professional Issues*. Columbus, OH: Pearson Merrill Prentice Hall.

Young, M. (2007). Parenting with Love and Logic: An interview with Foster Cline. Podcast: CounselorAudioSource.Net, CAS078. August 23.

### **Submissions for Publication - Recent**

Kolodinsky, P., Young, M. & Lindsey, C. (in press). Use of live supervision. In J. Meyers & K. Mobley (Ed.), *Developing and Directing Counselor Education Laboratories* (2<sup>nd</sup> Edition). Alexandria, VA: Association of Counselor Education and Supervision.

### **Professional Papers Presented** (List most recent first)

Young, M. & Young, J. (accepted). The use of live supervision. *Association for Counselor Education and Supervision National Conference*. San Diego, CA. October, 2009.

Kolodinsky, P., Young, M. & Lindsey, C. (accepted). The use of live supervision across CACREP programs: A national survey. *Association for Counselor Education and Supervision National Conference*. San Diego, CA. October, 2009.

Young, M. (2009). The Power of Perception: Understanding the importance of changing perceptions in relationships. *Washington State Therapeutic Recreation Association 9th Annual Symposium*. Spokane, Washington.

Young, M. (2009). Creating Close Connections. *Idaho Counseling Association Annual Conference Pre-Conference*. Coeur d'Alene, Idaho.

Young, M. (2009). The Power of Perception: Understanding the importance of changing perceptions in relationships. *Idaho Counseling Association Annual Conference*, Coeur d'Alene, Idaho. Idaho Association of Marriage and Family Counselors Distinguished Presenter.

Young, M. (2009). The Counseling Relationship: A Catalyst for Change. *Idaho Counseling Association Annual Conference*. Coeur d'Alene, Idaho.

Brooksby, J., Fisher, A., & Young, M. (2009). Success in Couples Counseling: John Gottman's Sound Relationship House and Susan Johnson's Emotionally Focused Therapy. *Idaho Counseling Association Annual Conference*. Coeur d'Alene, Idaho.

Young, M. (2008). Live Supervision: Format and technique. *Western Association for Counselor Education and Supervision Conference*. Palm Springs, California.

Young, M. (2008). Attachment Theory and Emotionally Focused Therapy: Keys for Connection. *Western Association for Counselor Education and Supervision Conference*. Palm Springs, California.

Young, M. & Young, C. (2008). A Road Map: Understanding the importance of theory and technique. *Washington State Therapeutic Recreation Association 9th Annual Symposium*. Leavenworth, Washington.

Young, M. & Young, C. (2008). Experiential learning. *Washington State Therapeutic Recreation Association 9th Annual Symposium*. Leavenworth, Washington.

Young, M. (2008). Safe Haven & Secure Base: Important Characteristics of the Counseling Relationship. *Idaho Counseling Association Annual Conference*, Boise, Idaho. Idaho Association of Marriage and Family Counselors Distinguished Presenter.

Young, M. (2008). Healthy Couple Relationships. *Idaho Counseling Association Annual Conference*, Boise, Idaho.

Young, M. (2008). Maximizing Client Growth: The Importance of Understanding Theory and Technique. *Idaho Counseling Association Annual Conference*, Boise, Idaho.

Young, M. & Slyter, M. (2007). Beginning Faculty in a Program Coordinating Role. *Association for Counselor Education and Supervision National Conference*. Columbus, Ohio.

Kolodinsky, P., Young, M., & Lindsey, C. (2007). Live, Bug-in-the-Ear Supervision compared with Traditional, Post-Session Supervision among Counselors-in-Training: An Empirical Investigation. *Association for Counselor Education and Supervision National Conference*. Columbus, Ohio.

Bakes, A., Lambert, S., & Young, M. (2005). A Grounded Theory of Master Students' Experience in Group Techniques. *Association for Counselor Education and Supervision National Conference*. Pittsburgh, Pennsylvania.

Young, M. (2005). Marketing yourself, your program, and your profession. *American Counseling Association World Conference*. Atlanta, Georgia.

Young, M. (2005). Marketing Our Profession: Catalysts for Change. *Idaho Counseling Association Annual Conference*. Coeur D'Alene, Idaho.

Frye, T., Young, M., & Lambert, S. (2004) Attachment theory and attachment-based interventions. *Idaho Counseling Association Annual Conference*. Boise, Idaho.

Young, M., Carson, S., Carlson, J. & Quiroz, J. (2004). Emotionally Focused Therapy. *Idaho Counseling Association Annual Conference*. Boise, Idaho.

Young, M., Bakes, A., Lambert, S., & Hill, N. R. (2003). Professional identity debate: Counselor or educator. *Rocky Mountain Association for Counselor Education and Supervision Conference*. Jackson Hole, Wyoming.

Lambert, S., Young, M., Bakes, A., & Hill, N. R. (2003). Moving forward with professional identity: Connection or disconnection? *Rocky Mountain Association for Counselor Education and Supervision Conference*. Jackson Hole, Wyoming.

Young, M. (2003). Considering prevention as a means for moving forward. *Rocky Mountain Association for Counselor Education and Supervision Conference*. Jackson Hole, Wyoming.

**Other Conference Participation** (last 3 years)

Washington Counseling Association Annual Conference

**Research Interests or Specialties**

Healthy Couple Relationships

Live Supervision

Emotionally Focused Couples Therapy

**Funded Grants, Contracts, and Research**

U.S. Department of Health and Human Services Division of Health Careers Diversity and Development:  
Scholarships for Disadvantaged Students 2006 – 2007, 2007 – 2008

**Community Service**

Emerging Leaders Keynote	Idaho Counseling Association	2009
Classroom Volunteer	Woodridge Elementary	2005 - present
Spokane Public Schools	Reverse Job Fair	2006

**Past University Committees**

Institutional Research Board – Eastern Washington University

College Planning Committee: College of Education and Human Development

Department Planning Committee: Department of Counseling, Educational and Developmental Psychology