**VITA**

**PAUL BRIAN HASTINGS**

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**Current Position**

1985-present Associate Professor Department of Counselor Education Gonzaga University

**Academic Degrees**

1978 Ph.D. Counseling Psyc. & Counselor Ed. Washington State University

1974 M.Ed. Student Personnel Adm. Western Washington University

1973 B.S. Anthology, Sociology, & Psychology Western Washington University

**Certification or Licensing**

1983-Present Licensed Psychologist Washington

1998 Continuing Level Ed. Staff Washington

1975 Initial Level Ed. Staff for public instruction

**Internships, In-Service Training, or Specialized Training**

Dec. 2013 DSM 5 Training

Dec. 2013 Ethics in Psychotherapy

Dec. 2012 New Directions in Counseling Psychology Vol. 17 and Vol. 18

Dec. 2011 New Directions in Counseling Psychology Vol. 17 and Vol. 18

Apr. 2010 Ethics in Psychotherapy

Apr. 2010 New Direction in Clinical Counseling Psychology

Dec. 2006 Sexuality issues in Counseling and Therapy

Dec. 2005 Directions in Clinical and Counseling Psychology

Nov. 2004 Directions in Clinical Psychology, Vol.8

Feb. 2003 Marital Therapy A Research- Based Approach, John Gottman

Feb. 2003 Sexuality Issues in Counseling and Therapy

Nov. 2002 Directions in Clinical Psychology, Vol.6

Nov. 2002 Therapeutic Strategies with the Older Adult, Vol. 1

Nov. 2002 Ethics in Psychotherapy, Vol.2

Nov. 2002 Ethics in Psychotherapy, Vol.1

July 2000 Directions in Clinical Psychology, Vol.7

July 2000 Therapeutic Strategies with the Older Adult, Vol.1

March 2000 Trauma and Dissociation: Diagnosis and Treatment

March 2000 Couples Marital Therapy, John Gottman

Feb. 2000 Forensic Survival Strategies for Mental Health Professionals

April 1999 Ethics in Psychotherapy, Vol.2

March 1999 Ethics in Psychotherapy, Vol.1

March 1999 Positive Endings in Psychotherapy

Jan. 1999 Ethics in Psychotherapy, Vol.1

Jan. 1999 Ethical Conflicts in Psychology

June 1998 Adjustment Disorders

June 1998 Dissociative Disorders

March 1998 Open Forum: New Ethics Code

Feb. 1998 Emotional Intelligence, Health and Relationships.

Jan. 1997 Brief Counseling Strategies and Techniques

Nov. 1996 Risk management with Potentially Dangerous Patients

Sep. 1996 A Suicide Prevention and Treatment Symposia for Those Who Work with Kids

June 1996 Adjustment Disorders

July 1995 On Being a Therapist

June 1995 Tarasoff and Beyond

June 1995 When Living Hurts, Directives for Rx Depression

June 1995 Dissociative Disorders

June 1995 The Evaluation and Treatment of Marital Conflict

Oct. 1994 Anxiety Disorders Workshop: Clinical Assessment and Management

May 1993 Elder Abuse: Recognition, Prevention, and Intervention

Nov. 1992 Special Problems in Marital & Couples Therapy Dealing Effectively with Difficult Couples

Nov. 1992 Special Problems in Marital & Couples Therapy Narrative Marital and Couples Therapy

Nov. 1992 Special Problems in Marital & Couples Therapy All Dollars and No Sense: Dealing with Money Issues in Couples Therapy

Sep. 1991 Adult Children of Alcoholics: Theory, Practice and Clinical Issues

Oct. 1990 A Short Course on Post- Trauma Stress Disorder

Feb. 1990 Cognitive Behavioral Psychotherapy, Donald Michenbaum

Oct. 1989 Working with Adolescent in Family Therapy

Oct. 1989 Parent Training for the Treatment of Child Noncompliance

June 1989 Master Lecture Series Self Study Instrument- Cataclysms, Crises, & Catastrophes:

Psychology in Action

Feb. 1989 Master Lecture Series Self Study Instrument- Psychology and Health

Jan. 1989 Aids: Clinical Competence and Risk Education

May 1987 Psychological Treatment of Chronic Pain

April 1986 Cognitive Behavior Modification: Perspectives, Techniques and Applications, Donald

Michenbaum

April 1986 Psychology in Action

April 1986 Psychology and Work

April 1986 Psychology and Health

**Professional Experience**

1985-Present Associate Professor Counselor Education Gonzaga University

1978-1985 Assistant Professor Counselor Education Gonzaga University

**Faculty Teaching and Administrative Load**

Spring 2017

EDCE 696 Practicum in Counseling, on campus 4 credits

EDCE 697B Internship in Counseling, on-campus 5 credits

Fall 2016

EDCE 695 Counseling Pre-Practicum, on-campus 4 credits

EDCE 697A Counseling Internship, on-campus 5 credits

Spring 2016

EDCE 696 Practicum in Counseling, on campus 4 credits

EDCE 697 B Internship in Counseling, on-campus 5 credits

Fall 2015

EDCE 695.01 Counseling Pre-Practicum, on-campus 4 credits

EDCE 695.03 Counseling Pre-Practicum, on-campus 4 credits

EDCE 697A Counseling Internship, on-campus 5 credits

EDCE 685 Pre-Practicum(B) in Counselling- Kelowna 4 credits

Spring 2015

EDCE 696 Practicum in Counseling, on campus 4 credits

EDCE 697 B Internship in Counseling, on-campus 5 credits

EDCE 686 Practicum in Counselling – Kelowna 5 credits

**Current Collegiate Assignments**

2009 – Present Member School of Education Graduate Committee

2009 – 2014 Member Senior Advisory Committee to Gonzaga’s Interim President

2010 Member Gonzaga University 125th Anniversary Steering Committee

2010 Member University Northwest Accreditation Steering Committee

2009 Member Facilitator on Gonzaga University Spring Board of Trustees

2007 – 2008 Member Rank, Reappointment, Tenure Committee (Gonzaga University)

2006 – 2007 Chair School of Education Dean Search Committee

2004 – 2008 Member Senior Faculty Advisory Group

2004 – 2007 Chair Rank, Reappointment, Tenure Committee (Gonzaga University)

2003 – 2007 Member Chairs’ and Dean’s Council, School of Education

2003 – 2005 Member Harassment and Discrimination Committee (Gonzaga University)

2003 – 2005 Member School of Education Budget and Finance Committee

2003 – 2005 Member School of Education Rank and Reappointment Committee

**Research Interests**

Marital conflict resolution, neuropsychology and its application to counseling, and Gottman Institute research findings

**Current Professional and Academic Associate Memberships – Outside of University**

2004 – Present Member Washington State Association for Counselor Education and Supervision

2004 – Present Member Washington Counseling Association

2004 – Present Member American Counseling Association

1978 – 1983 Member Western Association for Counselor Education and Supervision

1978 – 1983 Member Association for Counselor Education and Supervision

**Current Professional Service, Leadership & Consultation**

1994 – Present Licensed Psychologist in Private Counseling Practice

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| **Publications – Refereed** |
| **Articles** |
| Lontz, J. C., Hastings, P., Cataldi, J., Johnston, N., & Eidens, E. (Spring, 2015). Evaluating the criminal history of graduate students in counselor education. In *Professional Issues in Counseling.*  Koffman, S., Anderson, P., Bennett, E., Hastings, P., Lauritsen, K., Hansen, D., Estudillo, T., Schafer, C., & Jessop, K. (2007). An application of the Bar-On EQi in a counselor education program: A measurement of growth in emotional intelligence. *Journal of Counselor Education and Supervision.*  Koffman, S., Anderson, P., Hastings, P., Bennett, E., Lauritsen, K., Hansen, D., Burt, N., Everson, E., McClinton, B. (2007). The importance of emotional intelligence in counselor education. *Counseling and Values.*  Koffman, S., Hicks, G., Arnette, K., Watckins, P., Jackson, N., Bennett, E., Browers, R., & Hastings, P., (2001). Psychosocial variables in a screening study of older adults: Scale development and construct validity. Presented at the 17th World Congress of the International Association of Gerontology, Vancouver, B.C*. International Journal of Experimental, Clinical, and Behavioral Gerontology*, 47, 359.  Martin, P., Hastings, P., & McLaughlin, T. F. (1998). Women working in massage parlors: A descriptive analysis. *Corrective and Social Psychiatry, 35*(1),1-7.  Primm, M., Palmer, D., & Hastings, P. (1995). An examination of career satisfaction in professional police officers: A field study. *The Police Chief,*  Hastings, P. B. & D’Aboy, K. H. (1986). Malpractice insurance requirements in counselor education master’s degree program: A survey. *Eric Clearing House on Counseling Personnel Services*  Hastings, P. B. (1978). Student and counselor perceptions of counseling services. *Dissertations Abstracts International.* |

**Publications – Non Refereed**

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| **Chapters** |
| Bennett, E. D., & Hastings, P. Key legal issues in assessment. In Erford, B. (ed.). (2009). *Encyclopedia of Counseling.* American Counseling Association, Arlington, Virginia.  Hastings, P., & Bennett, E. Classical conditioning. In Erford, B. (ed.). (2009). *Encyclopedia of Counseling*. American Counseling Association, Arlington, Virginia. |

**Professional Papers presented or Poster Presentations**

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| **Regional & Local** |
| Girtz, S., Salina, C., & Eppinga, J. (2016, May). *Together we will*. Presentation at the Washington Association of Educational Grant Managers State Conference, Yakima, WA.  Hastings, P., Cataldi, J., Huston, J., & Johnston, N. (2013, Fall). *Nurturing positive personality development in adolescents*. Presentation at the Washington Counseling Association Annual Conference, Spokane, WA.  Hastings, P., Lontz, J., Eidens, E., & Cataldi, J. (2012, Fall). *Positive psychology and learned optimism as applied to counselor education.* Washington Invited presentation at the Washington Counseling Association Annual Conference, Spokane, WA.  Hastings, P., & Butler, M. (2011, Fall). *Positive psychology: Its use in the counseling process and counseling training.* Invited presentation at the Washington Counseling Association Annual Conference, Spokane, WA.  Dockendorff, S., Bennett, E., & Hastings, P. (2008, Fall). *Student indebtedness and expected income for counselors.* Invited presentation at the Washington Counseling Association Mini-Conference, Spokane, WA.  Koffman, S., Hastings, P., Bennett, E. (2008, Fall). *Emotional intelligence in counselor education students.* Invited presentation at the Washington Counseling Association Mini-Conference, Spokane, WA.  Koffman, S., Bennett, E., Hastings, P., Disney, K., Buzinover, Y., Fisher, A., Langman, N., Lussier, R., Parker, C., Sauder, S., & Simon, J. (2007, Fall). *From small beginnings come great things: The growth of emotional intelligence in future counselors; Year 3 of study at Gonzaga University.* Presentation at the Washington Counseling Association Annual Conference, Seattle, WA.  Koffman, S., Hanson, D., & Williams, S. (2004, Fall). *Empathy and emotional intelligence: Dispositional factors in graduate students in counselor education and related educational programs.* Presentation at the Washington Counseling Association Annual Conference, Spokane, WA.  Bennett, E. & Hastings, P. (2004, Fall). *The process of counseling: A tool that makes sense.* A presentation at the Washington Counseling Association Annual Conference, Spokane, WA.  Hastings, P. (1984, Fall). *Malpractice insurance policies of APA approved Ph.D. programs.* A presentation at the Western Association for Counselor Education and Supervision Conference, Monterey, CA.  Hastings, P. (1983, Fall). *Malpractice insurance; protection for graduate internship supervision.* An award-winning presentation at the Western Association for Counselor Education and Supervision Conference, San Francisco, CA and was asked to present at the National Conference in Houston, TX.  Hastings, P. (1982, Fall). *Practicum and internship models of counseling psychology internship supervision.* A presentation at the Western Association for Counselor Education and Supervision Conference in Pismo Beach, CA.  Hastings, P. (1981). *The development of off-campus, counseling-psychology programs.* A presentation at the Western Association for Counselor Education and Supervision Conference in Monterey, CA. |

**Community and Scholarly Service**

1977 – 1978 Family Crisis Counselor Spokane Youth Alternative

1974 – 1976 School Community Liaison School District #81 in Spokane, WA