

## CURRICULUM VITA

### NAME

Apr, 2010

Elisabeth D. Bennett, Ph.D.  
Department of Counselor Education  
School of Education, Gonzaga University  
Spokane, WA 99258  
(509) 328-4220 ext. 3512  
[bennette@gonzaga.edu](mailto:bennette@gonzaga.edu)

### CURRENT POSITION

Associate Professor, Chair	Department of Counselor Education	2006-Present
Director, Community Counseling	Department of Counselor Education	2002-Present

### COMPLETED ACADEMIC DEGREES

<u>Degree Name</u>	<u>Subject Area</u>	<u>Where Completed</u>	<u>Date of Completion</u>
Ph.D.	Counseling Psychology	University of Utah	1994
M.S.	Counseling Psychology	University of Utah	1989
B.S.	Clinical Psychology	Brigham Young University	1983

### CERTIFICATIONS AND LICENSURE (State of Washington)

Licensed Psychologist	1998 to present
Certified Mental Health Counselor	1995 to 1998
Registered Counselor	1994 to 1995

### INTERNSHIPS, IN-SERVICE TRAINING, SPECIALIZED TRAINING

Attended the National Institute of Mental Health Grant Writing Seminar, Las Vegas, Nevada, June 2009  
Attended the American Counseling Association Annual Convention Education Session with Certification in Counselor Education and Supervision, Raleigh, North Carolina, Mar, 2009  
Attended the Life Science Discovery Fund Meeting, Spokane, Washington, Feb, 2009  
Attended the American Counseling Association Annual Convention Education Session with Certification in Couples and Family Counseling, Honolulu, Hawaii, Mar, 2008  
Attended Directions in Clinical and Counseling Psychology, Vol 17, Aug, 2007  
Attended the American Counseling Association Annual Convention Education Session with Certification in Counselor Education, Detroit, Michigan. Mar, 2007  
Attended Directions in Clinical and Counseling Psychology, Vol 11, Jan, 2006  
Attended Directions in Clinical and Counseling Psychology, Vol 10, Feb, 2006  
Attended Directions in Clinical and Counseling Psychology, Vol 16, Feb, 2006  
Attended Directions in Clinical and Counseling Psychology, Vol 13, Feb, 2006  
Attended Directions in Clinical and Counseling Psychology, Vol 9, Dec, 2005  
Attended the American Counseling Association Annual Convention, Atlanta, Georgia. Apr, 2005  
Attended *What Really Works in Counseling*. Scott Miller, 6 CE credits, Spokane, Washington. May, 2004  
Attended the American Counseling Association *Annual Convention*, Kansas City, Kansas. Apr, 2004  
Attended Sexuality Issues in Counseling and Therapy, Sep, 2003  
Attended Directions in Clinical and Counseling Psychology, Vol 7, Aug, 2003  
Attended the *Gottman Institute: Initial Training for Marital Counseling*. Seattle, WA, Feb 2003  
Attended the Directions in Clinical and Counseling Psychology, Vol 8, Jan 2003  
Attended the AACTE 54<sup>th</sup> Annual Meeting and Exhibits, New York, Feb 2002  
Attended *Spiritual Exercises in Everyday Living*, Gonzaga University, Spokane, WA. 2000/2001  
Attended *Leadership Workshop offered by the Center for Organizational Reform*, Gonzaga University, Spokane, WA. Oct 2000  
Attended *Professional Boundaries and Secondary Traumatization*, Charee Boulter, Ph.D., Eastern Washington University, Cheney, WA. June 2000  
Attended Therapeutic Strategies with the Older Adult. June 2000  
Attended Directions in Clinical and Counseling Psychology, Volume 7, July 2000  
Attended *Trauma and Dissociation—Diagnosis and Treatment*. Betty McQuirk, M.S., Eastern Washington University, Cheney, WA. Mar 2000

Attended *Welcome to the Gamma Quadrant: Forensic Survival Strategies for Mental Health Professionals*,  
Laura Brown, Ph.D., Eastern Washington University. Feb 2000

Attended *Ethics in Psychotherapy, Vol 2*, Apr 1999

Attended *Ethics in Psychotherapy, Vol, 3* Mar 1999

Attended *Ethics in Psychotherapy, Vol 1*, Jan 1999

Attended *Listening to Prozac But Hearing Placebo: A Meta-Analysis of Antidepressant Medication*. APA.  
July 1998

Internship with Veterans Administration Medical Center, Inpatient Psychiatry, Biomedicine,  
Neuropsychology, Inpatient Substance Abuse, Salt Lake City, Utah, 1988-1989.

Internship with Veterans Administration Medical Center, Outpatient Substance Abuse Clinic, Salt Lake City,  
Utah, 1985 Summer.

#### **ACADEMIC APPOINTMENTS**

<u>Appointment Level</u>	<u>Institution</u>	<u>Dates</u>	<u>Subject Area</u>
Associate Professor	Gonzaga University	2005-Present	Counselor Education
Assistant Professor	Gonzaga University	1998-2005	Counselor Education
Adjunct Professor	Spokane Falls Comm. Col.	1996-1997	Humanities
Adjunct Professor	Gonzaga University	1994-1998	Counselor Education
Visiting Professor	University of Alaska, Anchorage	1991-1992	Psychology
Adjunct Faculty	Salt Lake Comm. Col.	1989-1991	Humanities
Coordinator/Instructor	University of Utah	1986-1988	Efficient Reading
Instructor	University of Utah	1986-1987	Counseling
Instructor	University of Utah	1984-1987	Learning Skills

#### **ADMINISTRATIVE APPOINTMENTS**

<u>Appointment Level</u>	<u>Institution</u>	<u>Dates</u>
Chair, Dept of Counselor Education	Gonzaga University	2007-present
Director of Community Counseling Program	Gonzaga University	2002-Present
Member, Dean Management Team	Gonzaga University	2001-2002
Chair, Dept of Counselor Education	Gonzaga University	1999-2002

#### **TEACHING LOAD**

Spring 2010	EDCE 696, Practicum in Counseling, on-campus EDCE 686, Practicum in Counseling, off-campus EDCE 697B, Internship in Counseling, on-camp	3 credits 5 credits 5 credits
Fall 2009	EDCE 695, Pre-practicum in Counseling, on-campus EDCE 685, Pre-practicum in Counseling, off-campus EDCE 697A, Internship in Counseling, on-campus	3 credits 4 credits 5 credits
Summer 1 2009	EDCE 565, Assessment in Counseling, on-campus EDCE 689, Professional Seminar, on-campus EDCE 699, Orals, on-campus	3 credits 3 credits 0 credits
Full Summer 2009	EDCE 565, Assessment in Counseling, off-campus EDCE 689, Professional Seminar, off campus EDCE 699, Orals, off-campus EDCE 525, Introduction to Canadian Counselling EDCE 694 Prepracticum A	3 credits 3 credits 0 credits 1 credit 2 credits

#### **OTHER COLLEGIATE ASSIGNMENTS (last 2-3 years)**

Member, Assessment Committee, School of Education, Gonzaga University, 2005-present

Member, Graduate Admissions Committee, Gonzaga University, 2005-2007

Member, University Assessment Committee, Gonzaga University, 2003-present  
 Member, University Intellectual Properties Committee, Gonzaga University, 2005-2007  
 Chair, Community Counseling Advisory Board, Gonzaga University, 2005-present  
 Member, School Counseling Professional Education Advisory Board, 2005-present  
 Member, Rank, Reappointment, Tenure Committee, School of Education, Gonzaga University, 2005-2007  
 Member, University Graduation Committee, Gonzaga University 2004-2006  
 Member, University Budget Committee, Gonzaga University, 2003-2006

**PROFESSIONAL AND ACADEMIC ASSOCIATE MEMBERSHIPS**

President	Washington Counseling Association	2009-2010
President-elect	Washington Counseling Association	2008-2009
Member	American Counseling Association	2000 to present
Member	Washington School Counseling Association	2002 to present
Member	Washington Counseling Association	2000 to present
Member	American Psychological Association	1994 to present
Past president of	Washington State Assoc. for Counselor Ed. and Supervision	2004-2007
Member	Washington State Assoc. for Counselor Ed. and Supervision	2002 to present
Member	Association for Counselor Education and Supervision	2002 to present
President Elect	Wash. Assoc. for Spiritual, Ethical, and Rel. Values in Couns.	2007-2008
Member	Wash. Assoc. for Spiritual, Ethical, and Rel. Values in Couns.	2002-present
Member	Association for Spiritual, Ethical, and Rel. Values in Counseling	2002 to present
Member	Phi Kappa Phi	1989 to life

**CURRENT PROFESSIONAL ASSIGNMENTS AND ACTIVITIES**

Licensed Psychologist in Private Consulting Practice	1998-present
Certified Mental Health Counselor in Private Practice	1995-1998

**SCHOLARLY PARTICIPATION**

**Books, Chapters, Sections**

Bennett, E. and Hastings, P. (2009) Key legal issues in assessment. In Erford, B. (Ed.) Encyclopedia of Counseling. American Counseling Association, Alexandria, Virginia.  
 Hastings, P. and Bennett, E. (2009) Classical conditioning. In Erford, B. (Ed.), Encyclopedia of Counseling. American Counseling Association, Alexandria, Virginia.  
 Bennett, E.D. (1994). Life Events, Hardiness, and Prepartum Depression in Relationship to Maternity Blues and Postpartum Depression. Dissertation Abstracts.

**Book Reviews**

2003	Bennett, E.D. (2003). Review of the textbook proposal: Counseling Children and Adolescents. Wadsworth Group/Brooks Cole.
2002	Bennett, E.D. (2002). Review of the textbook proposal: The Counseling Process with Children and Adolescents. Wadsworth Group/Brooks Cole.

**Presentation Reviews**

2009/2010	American Counseling Association Annual Convention, Proposal Reviewer
2008/2009	American Counseling Association Annual Convention, Proposal Reviewer
2008/2009	Washington Counseling Association Mini-conference, Proposal Reviewer

**Referreed Publications**

<u>Date</u>	<u>Activity</u>
2001	Koffman, S., Hicks, G., Arnette, K., Watchkins, P., Jackson, N., Bennett, E., Browers, R. & Hastings, P. (2001). <i>Psychosocial Variables in a Screening Study of Older Adults: Scale Development and Construct Validity</i> . Presented at the 17 <sup>th</sup> World Congress of the International Association of Gerontology, Vancouver, B.C. <u>Internationals Journal of Experimental, Clinical, and Behavioral Gerontology</u> , 47, 359. (abstract)

## Submitted Publications

Apr 2010

Bennett, E. and Beal, A. Sexual Dysfunction Through the Lens of Attachment Theory. Submitted to the Journal of Marriage and Family Therapy.

## ACADEMIC AND PROFESSIONAL PRESENTATIONS (Refereed)

Mar 2010

Bennett, E, and Anderson, L. What ever counselor must know about autism to secure a therapeutic relationship. American Counseling Association Annual Convention. Pittsburgh, Pennsylvania

Mar 2010

Bennett, E, Andrysiak, C., Pote, S., and Holmes, C. Counseling Kids with Incarcerated Caregivers. American Counseling Association Annual Convention. Pittsburgh, Pennsylvania.

Feb 2010

Brown, M. and Bennett, E. Instilling and Attitude of Gratitude. Washington School Counseling Association. Seattle, Washington.

Nov 2009

Bennett, E., Anderson, L, Markealli, N, Autism: What every counselor must know to build relationship. Washington Counseling Association. Spokane, Washington

Oct 2009

Bennett, E, and Lewis, M. Teaching the Process of Counseling: A Matrix Model. Association of Counselor Educators and Supervisors Annual Convention. San Diego, California

Apr 2009

Bennett, E., Fisher, A., Brooksby, J. GRE, Supervisor Evaluations, and other measures of success in Graduate School. American Counseling Association Annual Convention. Raleigh, North Carolina.

Apr 2009

Bennett, E., Hastings, P., and Dockendorff, S. Counseling Student Indebtedness and Perceived Expected Salary. American Counseling Association Annual Convention. Raleigh, North Carolina.

Mar 2009

Bennett, E., Fisher, A., and Brooksby, J, Doctoral Program Entrance Requirements Relationship to Success. American Counseling Association Annual Convention, Raleigh, North Carolina

Mar 2009

Bennett, E. Dockendorff, S., and Hastings, P. Graduate Student Indebtedness and Expected vs Likely Post-graduate Income. American Counseling Association Annual Convention, Raleigh, North Carolina

Mar 2009

Bennett, E. and Brown, M. Responding to What our Students are Thinking. Washington School Counseling Association Annual Convention, Seattle, WA.

Nov 2008

Bennett, E. Cutting and Other Forms of Self Abuse. Washington Counseling Association Mini-Conference, Spokane, WA, Invited Presentation

Nov 2008

Brooksby, J., Huang, E., Markealli, N., and Bennett, E. Bibliocounseling. Washington Counseling Association Mini-Conference, Spokane, WA.

Nov 2008

Dockendorff, S., Bennett, E., and Hastings, P. Student Indebtedness and Expected Income for Counselors. Washington Counseling Association Mini-Conference, Spokane, WA, Invited Presentation

Nov 2008

Koffman, S., Hastings, P., Bennett, E. et. al. Emotional Intelligence in Counselor Education Students. Washington Counseling Association Mini-Conference, Spokane, WA, Invited Presentation

April 2008

Bennett, E., Wenig, A., and Prah, R., Attachment: You know nothing if you don't know this. 16<sup>th</sup> Annual Children's Justice Conference, Seattle, Washington. Invited Presentation

April 2008

Bennett, E., Bullying: Mandating an Impossible End(Working to Curb Bullying). 16<sup>th</sup> Annual Children's Justice Conference, Seattle, Washington. Invited Presentation

April 2008

Bennett, E., Self Abuse from Pleasure to Pain. 16<sup>th</sup> Annual Children's Justice Conference, Seattle, Washington. Invited Presentation

March 2008

Bennett, E., Notestine, C., Dockendorff, S., and Whitbred, L., What School Counselors Need to Know and Do about Homeless Children: Collaboration. Washington School Counseling Association Annual Conference, Seattle,

- Washington.
- March 2008 Lewis, M., Bonner, K., and Bennett, E., Counseling Kids with Incarcerated Caregivers. Washington School Counseling Association Annual Conference, Seattle, Washington.
- March 2008 Brown, M., Bennett, E., Eberth, L., Ferris, J., and Renner, L., Utilizing Possible Selves Theory to Increase Student Achievement. Washington School Counseling Association Annual Conference, Seattle, Washington.
- October 2007 Bennett, E., Dockendorf, S., Whitbred, L., Stewart, K., and Notestine, C. Homeless Children: A Situation Requiring Counseling Collaboration. Washington Counseling Association Annual Convention, Seattle, Washington.
- October 2007 Bennett, E., Dockendorf, S., Kennedy, J., Knudsen, S., & Swenson, K. Eating Disorders: What You Need to Know and What We Do Not Know. Washington Counseling Association Annual Convention, Seattle, Washington.
- October 2007 Bennett, E., EagleBear, A., Lewis, M., Holmes, C., Tate, E., Bonner, K., Understanding the Native American You May Ben Counseling. Washington Counseling Association Annual Convention, Seattle, Washington.
- October 2007 Bennett, E., Stewart, K., Knudsen, S., Hill, K., & Holmes, C., Left Foot, Right Foot, Repeat: From Survival Mode to Self Care. Washington Counseling Association Annual Convention, Seattle, Washington.
- October 2007 Bennett, E., Beal, A., Whitbred, L., Lewis, M., Tate, E., & Bedient, L. Assessing and Treating Sexual Dysfunction: An Attachment Based Approach. Washington Counseling Association Annual Convention, Seattle, Washington.
- October 2007 Bennett, E., Lewis, M., Bedient, L., Swenson, K., Kennedy, J. Psychotropic Medications for Children and the Supportive Counselor. Washington Counseling Association Annual Convention, Seattle, Washington.
- October 2007 Koffman, S., Bennett, E., Hastings, P., Disney, K., Buzinover, Y., Fisher, A., Langman, N., Lussier, R., Parker, C., Sauder, S., & Simon, J. (2007). From Small Beginnings Come Great Things: The Growth of Emotional Intelligence in Future Counselors; Year 3 of the Study at Gonzaga University. at Washington Counseling Association, Seattle, WA
- March 2007 Bennett, E., & EagleBear, A. (Mar, 2007). *Multicultural Counseling: Native American Techniques*. American Counseling Association Annual Convention. Detroit, Michigan.
- October 2006 Bennett, E., Yost, P., Warren, T., & Starks, M.(Oct. 2006). *Identifying and Counseling Clients with Eating Disorders*. Washington Counseling Association Annual Convention. Seattle, Washington.
- October 2006 Bennett, E., Everson, E., & Burrill, C. (Oct. 2006). *Methamphetamines: What Counselors Should Know*. Washington Counseling Association Annual Convention. Seattle, Washington.
- October 2006 Bennett, E. Shafer, C., & Green, J. (Oct. 2006). *Self-asphyxiation: What, How, and How to Help*. Washington Counseling Association Annual Convention. Seattle, Washington.
- October 2006 Bennett, E., Young, T, Martin, K., Im, Yookwi, & Burke, E. (Oct. 2006). *Counselor Heal Thyself*. Washington Counseling Association Annual Convention. Seattle, WA.
- October 2006 Bennett, E. & Gilchrist, G. (Oct. 2006). *Men, Women and Body Image Perceptions: Are We on the Same Page?* Washington Counseling Association Annual Convention. Seattle, WA.
- March 2006 Bennett, E., Eaglebear, A., and Beal, A. (March, 2006). *Native American Techniques in School Counseling*. Washington School Counseling Association Annual Convention. Seattle, WA.
- March 2006 Bennett, E. Beal, A., & Metzger, S. (March, 2006). *Becoming Consciously Competent as a School Counselor*. Washington School Counseling Association Annual Convention. Seattle, WA.
- March 2006 Brown, M., Doyle, K., Gray, S., & Bennett, E. (March, 2006). *Self-mutilization*. Washington School Counseling Association Annual Convention. Seattle, WA.

- April 2005 Oppelt, A., Bennett, E., & Plaeger, D. (April, 2005). *Impact of Reasoning on Decision Making: Implications for Counselors*, American Counseling Association Annual Convention, Atlanta, Georgia.
- April 2005 Bennett, E., & Fisher, M. (accepted April, 2005). *Weaving the Threads of Hardiness and Religiosity through the Fabric of Counseling: An Approach to Preventing Depression*. American Counseling Association Annual Convention, Atlanta, Georgia.
- October 2004 Minchala, V., Bennett, E., & Fisher, M. (October, 2004). *A Perspective on Domestic Violence in Same-Sex Relationships*. Washington Counseling Association Annual Convention, Spokane, Washington.
- October 2004 Bennett, E., & Hastings, P. (October, 2004). *The Matrix and the Process of Counseling*. Invited half-day presentation, Washington Counseling Association Annual Convention, Spokane, Washington.
- October 2004 Oppelt, A., Plaeger, D., & Bennett, E. (October, 2004) *The Role of Rationality in Decision Making*. Washington Counseling Association Annual Convention, Spokane, Washington.
- October 2004 Bennett, E., & Majors, A. (October, 2004). *Religiosity as Related to Depression*. Washington Counseling Association Annual Convention, Spokane, Washington.
- October 2004 Bennett, E., & EagleBear, A. (October, 2004). *Native American Techniques in Counseling*. Washington Counseling Association Annual Convention, Spokane, Washington.
- October 2004 Bennett, E., & Fisher, M. (October, 2004). *Hardiness as a Buffer for Depression*. Washington Counseling Association Annual Convention, Spokane, Washington.
- April 2004 Bennett, E., Majors, A., Symes, M., & Bitzig, S. (April, 2004). *Life Events, Hardiness, and Implications for Postpartum Depression*. American Counseling Association Annual Convention, Kansas City, MO.
- April 2004 Majors, A., Bennett, E., Symes, M., Bitzig, S., & Rahm, C. (April, 2004). *Religion as Related to Depression*. American Counseling Association Annual Convention, Kansas City, MO.
- October 2003 Bennett, E., Syme, M., Majors, A., Bitzig, S., & Brown, M. (October, 2003). *Depression: Who is aware? Who must be?* Washington Counseling Association Conference, Seattle, WA.
- October 2003 Bennett, E., Brown, M., Majors, A., Syme, M., & Bitzig, S. (October, 2003). *Facing the Bully: What Counselors Can Offer to Bullies, Victims, and Bystanders*. Washington Counseling Association Conference, Seattle, WA
- March 2003 Bennett, E., Holsinger, J., Eccles, N., & Brown, M. (March, 2003). *The National Model and Bullying: The State of the Art in Prevention*. Washington School Counselor Association Conference, Spokane, WA.
- March 2003 Bennett, E., Mahoney, D., Walsh, F., & Weber, K. (March, 2003). *Gate-keeping: We are the Responsible Ones*. Washington School Counselor Association Conference, Spokane, WA.
- March 2003 Bennett, E., Brown, M., & Koffman, S. (March, 2003). *A Comprehensive Peer Review Plan: One Response to the Implementation of the National Model*. Washington School Counselor Association Conference, Spokane, WA.
- August 2003 Gilchrist, G., & Bennett, E. (August, 2003). *Current and Ideal Body Images of Females: A Fitness Setting. Poster Presentation*. Annual Conference of the Washington State Psychological Association. Seattle, Washington.
- August 2003 Gilchrist, G., & Bennett, E. (August, 2003). *Current and Ideal Body Images of Males: A Fitness Setting. Poster Presentation*. Annual Convention of the American Psychological Association. Toronto, Ontario, Canada.
- February 2002 Bennett, E., Brougher, J., Conners, D., & McDonald, D. (February, 2002). *The Dean Management Team: An Experiment in Collaborative Leadership*. Annual Conference of the American Association of College Teacher Educators, New York.
- October 2001 Koffman, S., Bennett, E., Arnett, K., Hicks, G., Jackson, N., & Browsers, R. (October, 2001). *Structured Reminiscence as Group Psychotherapy for Older*

- October 2001 *Adults: Mental Health Variables and Adjustment Issues*. Annual conference of the Washington Counseling Association, Spokane, WA.  
Koffman, S., Bennett, E., Arnett, K., Hicks, G., Jackson, N., & Browers, R. (October, 2001). *Methodological Concerns, Sampling Procedures and Construct Validity in Counseling Research: A Current Screening Study with Older Adults*. Annual Conference of the Washington Counseling Association, Spokane, WA.
- August 2001 Koffman, S., Hicks, G., Arnett, K., Watkins, P., Jackson, N., Bennett, E., Browers, R., & Hastings, P. (August, 2001). *Psychosocial Variables in a Screening Study of Older Adults: Scale Development and Construct Validity*. Presented at the 17<sup>th</sup> World Congress of the International Association of Gerontology, Vancouver, BC, Canada.

### Non-Conference Invited Presentations

<u>Date</u>	<u>Activity</u>
2009	Bennett, E. Instilling Truthful Hope in Troubled Times. Business Conference, Spokane Washington
2009	Bennett, E. Reach for the Future: Process Facilitator
2008	Bennett, E. I Have a Dream: Process Facilitator.
2007	Bennett, E. & Hastings, P. (2007) Parenting: Do as We Do. Invited Fireside to Greenbluff Ward, LDS Church, Colbert, Washington.
2007	Bennett, E. (2007) Parenting: Trouble-shooting and Consistency. Invited lecture t to Greenbluff Ward, LDS Church, Colbert, Washington.
2007	Bennett, E. (2007) Parenting Using a Developmental Model. Invited lecture to Greenbluff Ward, LDS Church, Colbert, Washington.
2006	Bennett, E. (2006). The Process of Counseling: A consciously competent approach. Invited Lecture to University of Utah Doctoral and Master Students. Salt Lake City, Utah.
2005	Bennett, E. (2005). Attending to the Whole Child: A Developmental Approach to Administration. Cheney School District. Principal Training. Cheney, Washington.
2004	Bennett, E., & Hastings, P. (2004). <i>The Matrix and the Process of Counseling</i> . Staff Training Session. Lutheran Community Services. Spokane, Washington.
2004	Bennett, E. (2004). <i>The Matrix: Becoming Consciously Competent in the Process of Counseling</i> . Cheney School District. Staff Training. Cheney, Washington.
2004	Bennett, E., & Hastings, P. (2004). <i>The Matrix as a Tool in Supervising Interns in the Process of Counseling</i> . St. Joseph's Family Center. Spokane, Washington
2004	Bennett, E., & Majors, A. (2004). <i>Graduate School: Why and How</i> . Utah Valley State College, Orem, UT.
2003	Bennett, E. (2003). <i>Finding Joy in Your Divine Potential</i> . LDS Little Spokane River Ward. Spokane, WA.
2002	Bennett, E. (2002). <i>Graduate School Applications: The Whys and Hows of Counseling</i> . Brigham Young University, Idaho. Rexberg, ID.
2002	Bennett, E. (2002) Crisis Intervention Related to 9/11 and Elementary School Children. Colbert Elementary Faculty, Staff, and Administration, Colbert, WA.
2001	Bennett, E. (2001). <u>Teen Stress/Parent Stress</u> . Public Lecture Series, Spokane Public School, Spokane, WA.
2001	Bennett, E., (2001). <u>Raising Healthy Teens</u> . Radio Broadcast, KXLY News Talk Radio. Spokane, WA.
2000	Bennett, E. (2000). <u>Stress, Depression, and Resulting Ailments: Understanding the Causes and Taking Preventative Action</u> . Lecture hosted by the PEO Chapter EW of the State of Washington. Spokane, WA.
1999	Bennett, E. (1999). <u>Attending to the "Whole" of Self</u> . Johns-Hopkins Youth Awards Keynote Address. Gonzaga University, Spokane, WA.
1999	Bennett, E. (1999). <u>Stress and Depression: Care for the Caregiver</u> . Continuing Education Workshop hosted by LIFE, Inc. Spokane, WA.
1999	Bennett, E. (1999). <u>Conflict Resolution: Managing Difficult Moments</u> . Continuing Education Workshop for Nursing and Nursing Assistance hosted by LIFE, Inc., Spokane, WA.

- 1998 Bennett, E. (1998). Communication Essentials: Working in a Healthy Environment. Educational Workshop hosted by LIFE, Inc., Spokane, WA.
- 1998 Bennett, E. (1998). Leadership and Healthy Organizations: Building the Skills for a Strong Group Development. Educational Workshop hosted by LIFE, Inc., Spokane, WA.

### Research Grants

- 2008 \$335,786 Development, Implementation, and Validation of a Prevention Program for Postpartum Mood Disorders in Single Mothers, Submitted to National Institute of Health (Resubmission in process)
- 2007-2008 \$9,000; Marital Counseling Program Development, Venture Fund, Gonzaga University, Spokane, Washington
- 2006-2007 \$300; Enhancing Career Development, Assessment Grant, Gonzaga University, Spokane, Washington
- 2006-2007 \$300; School Counseling Assessment, Assessment Grant, Gonzaga University, Spokane, Washington
- 2006-2007 5725; Department of Education Technology and Recruitment DVD, Venture Fund, Gonzaga University, Spokane, Washington
- 2004-2007 \$30,000; PEP Grant: Infusing Character Development Curriculum in Physical Education Courses in Spokane Public Schools, Washington Department of Education, Olympia, WA.
- 2003-2004 \$782; OSPI Special Projects Grant: Professional Portfolio Rubric Development, Washington Department of Education, Olympia, Washington.
- 2000-2002 \$5,000; Enhancing Diversity through Recruitment, Special Projects Grant, Venture Fund, Gonzaga University, Spokane, Washington
- 2000-2002 \$15,000; Geriatric Studies in Reminiscence Groups; United Way and Gonzaga University Corps, Spokane, Washington.
- 1999-2000 \$1,000; Enhancing Diversity through Recruitment, Special Projects Grant, Venture Fund, Gonzaga University, Spokane, Washington

### Other Professional Experience

- 1995-Present Private practice as Consulting Psychologist, Spokane, WA
- 1992-1993 Founder and Clinical Director, Discovery Outpatient Unit, Providence Adolescent Mental Health Services, Providence Hospital, Anchorage, AK
- 1989-1991 Psychology Resident, Center for Counseling, Education, and Research, Intermountain Health Care, Orem Community Hospital, Orem, UT
- 1989-1991 Director, Pain and Arthritis Clinic, Intermountain Health Care, Orem, UT
- 1988-1989 Counseling Psychology Intern, Inpatient Psychiatric Unit, Outpatient Substance Abuse Clinic, Behavioral Medicine, Geriatrics, and Neuropsychology, VA Medical Center, Salt Lake City, UT
- 1986-1990 Psychologist in Training, LDS Social Services, Salt Lake City, UT
- 1985-1986 Research Assistant to the Dean, Department of Education, University of Utah, Salt Lake City, UT
- 1985-1986 Child Therapist in Training, Children's Center, Salt Lake City, UT
- Summer 1985 Psychologist in Training, VA Medical Center, Outpatient Substance Abuse Clinic, Salt Lake City, UT
- 1984-1987 Counselor, Adolescent Residential Treatment and Education Center, Salt Lake Valley Mental Health, Salt Lake City, UT,
- 1984-1985 Teaching Assistant, Foundations of Educational Psychology, University of Utah, Salt Lake City, UT

### Past University Committees

- 2001-2005 Member, Counselor Professional Education Advisory Board, Gonzaga University
- 2003-2005 Chair, Community Counseling Advisory Board, Gonzaga University
- 2003-2005 Member, Committee on Commencement Awards, Gonzaga University
- 2004-2005 Member, Facilities Committee, Gonzaga University,



2001-2004 Chair, School of Education Research Committee, Gonzaga University  
 2001-2004 Member, Graduate Council, Gonzaga University  
 2003-2004 Member, Marketing Committee, Gonzaga University  
 2003-2004 Member, Academic Budget Committee, Gonzaga University  
 2003-2004 Member, Intellectual Properties Committee, Gonzaga University  
 2002-2003 Member, Assessment Committee, Gonzaga University  
 2002-2003 Member, Procedures Committee, School of Education, Gonzaga University  
 2001-2003 Member, Elections Committee, Gonzaga University  
 2002-2003 Member, Reappointment, Rank, and Tenure Committee, Gonzaga University  
 2001-2002 Dean Management Team, School of Education, Gonzaga University  
 2001-2002 Member, Mission Committee, School of Education, Gonzaga University  
 2001-2002 Member, Off-campus Task Force, Gonzaga University,  
 2001-2002 Member, Search Committee for Dean of the School of Education, Gonzaga University  
 2001-2002 Member, Search Committee for Faculty, Department of Counselor Education, Gonzaga University  
 1999-2002 Member, Curriculum Committee, Gonzaga University  
 2000-2001 Member Research Committee, Gonzaga University  
 2000-2001 Member, Search Committee for Dean of the School of Education, Gonzaga University  
 2000-2001 Member, Search Committee, Faculty Position in Counselor Education, Gonzaga University  
 2000-2001 Chair, Evaluation Committee, School of Education, Gonzaga University  
 2000-2001 Member, Council of Department Chairs, Gonzaga University  
 1999-2000 Member, Evaluation Committee, Gonzaga University  
 1999-2000 Member, Human Subjects Committee, School of Education, Gonzaga University,  
 1999-2000 Chair, NCATE/TEAC Review Committee, School of Education, Gonzaga University,

### **Volunteer Experiences**

2009 – present Board Member ex officio, Reach for the Future, Spokane, Washington  
 2004-present Counseling Consultant, Gonzaga Prep, Spokane, Washington,  
 2004-2009 Board Member, Family Services Spokane, Spokane, Washington,  
 2002– 2004 Leader, Junior Troop 273, Girl Scouts, GSIEC, Colbert, WA.  
 2002– 2003 Achievement Days Leader, Colbert, WA.  
 2000-- 2003 Classroom Volunteer, Colbert Elementary, Colbert, WA.  
 Sept. 2001 Consultant to Meadow Ridge and Colbert Elementary Schools—9-11 Crisis Intervention, Mead School District, Colbert, WA.  
 1999 – 2001 President, Summerwood Home Association, Colbert, Washington,  
 1997 – 2005 President, Friends of the North Spokane Library, Hawthorne Branch, Spokane, WA.  
 1997 – 2001 Member, Summerwood Home Association Board, Colbert, WA.  
 1997 – 1999 Classroom Volunteer, Meadow Ridge Elementary, Colbert, WA.

### **AWARDS**

May 2008 Recipient of The Jeanne Foster Wardian (Faculty) Leadership Award (SOE)