

# Curriculum Vita

## NAME

Paul B. Hastings, Ph.D  
Department of Counselor Education  
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September 2011

## CURRENT POSITION

Associate Professor Department of Counselor Education 1985- Present

## ACADEMIC DEGREES

1978	Ph.D	Counseling Psyc. & Counselor Ed.	Washington State University
1974	M.Ed.	Student Personnel Adm.	Western Washington University
1973	B.A.	Anthology, Sociology, & Psyc.	Western Washington University

## CERTIFICATION OF LICENSING

1983-Present	Licensed Psychologist	Washington
1998	Continuing Level Ed. Staff ""	Washington
1975	Initial Level Ed. Staff for public instruction ""	

## INTERNSHIPS, IN-SERVICE TRAINING, OR SPECIALIZED TRAINING

2010	April	Ethics in Psychotherapy
2010	April	New Direction in Clinical Counseling Psychology
2006	Dec.	Sexuality issues in Counseling and Therapy
2005	Dec.	Directions in Clinical and Counseling Psychology
2004	Nov.	Directions in Clinical Psychology, Vol.8
2003	F- M/.	Marital Therapy A Research- Based Approach, John Gottman
2003	Feb.	Sexuality Issues in Counseling and Therapy
2002	Nov.	Directions in Clinical Psychology , Vol.6
2002	Nov.	Therapeutic Strategies with the Older Adult, Vol. 1
2002	Nov.	Ethics in Psychotherapy, Vol.2
2002	Nov.	Ethics in Psychotherapy, Vol.1
2000	July	Directions in Clinical Psychology, Vol.7
2000	July	Therapeutic Strategies with the Older Adult, Vol.1
2000	March	Trauma and Dissociation: Diagnosis and Treatment
2000	March	Couples Marital Therapy, John Gottman
2000	Feb.	Forensic Survival Strategies for Mental Health Professionals
1999	April	Ethics in Psychotherapy, Vol.2
1999	March	Ethics in Psychotherapy, Vol.1
1999	March	Positive Endings in Psychotherapy
1999	Jan.	Ethics in Psychotherapy, Vol.1
1999	Jan.	Ethical Conflicts in Psychology
1998	June	Adjustment Disorders
1998	June	Dissociative Disorders
1998	March	Open Forum: New Ethics Code
1998	Feb.	Emotional Intelligence, Health and Relationships. (A Seminar for Health Prof.)
1997	Jan.	Brief Counseling Strategies and Techniques
1996	Nov.	Risk management with Potentially Dangerous Patients
1996	Sep.	A Suicide Prevention and Treatment Symposia for Those Who Work with Kids
1996	June	Adjustment Disorders

1995	July	On Being a Therapist
1995	June	Tarasoff and Beyond
1995	June	When Living Hurts, Directives for Rx Depression
1995	June	Dissociative Disorders
1995	June	The Evaluation and Treatment of Marital Conflict
1994	Oct.	Anxiety Disorders Workshop: Clinical Assessment and Management
1993	May	Elder Abuse: Recognition, Prevention, and Intervention
1992	Nov.	Special Problems in Marital & Couples Therapy Dealing Effectively with Difficult Couples
1992	Nov.	Special Problems in Marital & Couples Therapy Narrative Marital and Couples Therapy
1992	Nov.	Special Problems in Marital & Couples Therapy All Dollars and No Sense: Dealing with Money Issues in Couples Therapy
1991	Sep.	Adult Children of Alcoholics: Theory, Practice and Clinical Issues
1990	Oct.	A Short Course on Post- Trauma Stress Disorder
1990	Feb.	Cognitive Behavioral Psychotherapy, Donald Michenbaum
1989	Oct.	Working with Adolescent in Family Therapy
1989	Oct.	Parent Training for the Treatment of Child Noncompliance
1989	June	Master Lecture Series Self Study Instrument- Cataclysms, Crises, & Catastrophes: Psychology in Action
1989	Feb.	Master Lecture Series Self Study Instrument- Psychology and Health
1989	Jan.	Aids: Clinical Competence and Risk Education
1987	May	Psychological Treatment of Chronic Pain
1986	April	Cognitive Behavior Modification: Perspectives, Techniques and Applications, Donald Michenbaum
1986	April	Psychology in Action
1986	April	Psychology and Work
1986	April	Psychology and Health

#### PROFESSIONAL EXPIRENCE

1985- Present	Associate Professor	Gonzaga University
1978-1985	Assistant Professor	Gonzaga University

#### FACULTY AND ADMINISTRATIVE LOAD

##### Fall 2011

EDCE 695	Counseling Pre-Practicum, on-campus	3 credits
EDCE 697A	Counseling Internship, on-campus	5 credits
EDCE 685	Pre-Practicum(B) in Counselling- kamloops	4 credits

##### Summer 2011

EDCE 689	Professional Seminar, on-campus	3 credits
EDCE 699	Orals, on-campus	0 credits
EDCE 697	Counseling Internship, on campus	var.credits
EDCE 525	Introduction to Canadian Counselling	1 credit
EDCE 684	Pre-Practicum(A) in Counselling- Kamloops	2 credits
EDCE 689 EC1	Professional Seminar, Calgary	3 credits
EDCE 689 EC3	Professional Seminar, Cargary	3 credits
EDCE 699 EC1	Orals, Calgary	0 credits

##### Spring 2011

EDCE 696	Practicum in Counseling, on campus	3 credits
EDCE 697 B	Internship in Counseling, on-campu s	5 credits
EDCE 686	Practicum in Counselling – Kamloops	5 credits

#### OTHER COLLEGIATE ASSIGNMENTS- CURRENT

Member, Rank, Reappointment, Tenure Committee, School of Education, Gonzaga University,	2007 – 2008
Chair, School of Education Dean Search Committee	2006 – 2007
Member, Senior Faculty Advisory Group to G.U. A.V.P	2004 – 2008
Chair, Rank, Reappointment, Tenure Committee, School of Education, Gonzaga University,	2004 – 2007

Member, Chairs' and Dean's Council, School of Education, Gonzaga University,	2003 – 2007
Member, Harassment and Discrimination Committee, Gonzaga University,	2003 – 2005
Member, School of Education Budget and Finance Committee,	2003 – 2005
Member, School of Education Rank and Reappointment Committee,	2003 – 2005
Member, SOE Graduate Committee	2009-Present
Member, Senior Advisory Committee to Gonzaga University's Interim President	2009-Present
Member, Facilitator on Gonzaga University Spring Board of Trustees. Palm Springs	2009-Present
Member, University Northwest Accreditation Steering Committee	2010-Present
Member, Gonzaga 125 <sup>th</sup> Anniversary Steering Committee	2010-Present

#### PROFESSIONAL AND ACADEMIC ASSOCIATE MEMBERSHIPS-OUTSIDE OF UNIVERSITY

Member	Washington State Association for Counselor Education and Supervision	2004- Present
Member	Washington Counseling Association	2004- Present
Member	American Counseling Association	2004- Present
Member	American Psychological Association	1978- Present
Member	Western Association for Counselor Education and Supervision	1978-1983
Member	Association for Counselor Education and Supervision	1978-1983

#### CURRENT PROFESSIONAL ASSIGNMENTS AND ACTIVITIES

1994-Present Licensed Psychologist in Private Counseling Practice

#### PUBLICATIONS-REFEREED

2001	Koffman, S., Hicks, G., Arnette, K., Watckins, P., Jackson, N., Bennett, E., Browsers, R., and Hastings, P., (2001). <u>Psychosocial Variables in a Screening Study of Older Adults: Scale Development and Construct Validity</u> . Presented at the 17 <sup>th</sup> World Congress of the International Association of Gerontology, Vancouver, B.C. International Journal of Experimental, Clinical, and Behavioral Gerontology, 47, 359. (abstract)
1998	Martin, P., Hastings, P., and McLaughlin, T.F. (1989). <u>Women Working in Massage Parlors: A Descriptive Analysis</u> . Published in Corrective and Social Psychiatry
1995	Primm, M., Palmer, D., and Hastings, P. (1995). <u>An Examination of Career Satisfaction in Professional Police Officers: A Field Study</u> . Published in The Police Chief.
1986	Hastings, P. B. and D'Aboy, K.H. (1986). <u>Malpractice Insurance Requirements in Counselor Education Master's Degree Program: A Survey</u> . Published in Eric Clearing House on Counseling Personnel Services.
1978	Hastings, P.B. (1978). <u>Student and Counselor Perceptions of Counseling Services</u> . Dissertation abstracts international, doctoral dissertation.

#### PUBLICATIONS-NON\_REFEREED

2009	Bennett, E.D. & Hastings, P. Key legal issues in assessment. In Erford, B. (ed.) Encyclopedia of Counseling. American Counseling Association, Arlington, Virginia.
2009	Hastings, P. and Bennett, E. Classical conditioning. In Erford, B. (ed.), Encyclopedia of Counseling. American Counseling Association, Arlington, Virginia.

#### SUBMISSIONS FOR PUBLICATIONS- RECENT

2008	Bennett, E.D. & Hastings, P.B. (manuscript in process). <u>The Matrix: Understanding the Process within Helping Relationships</u> . (To be published with Brooks/Cole, Marquita Flemming, Publishing Editor).
2007	Koffman, S., Anderson, P., Bennett, E., Hastings, P., Lauritsen, K., Hansen, D., Estudillo, T., Schafer, C., and Jessop, K. (2007) <u>An Application of the Bar-On EQi in a Counselor Education Program: A Measurement of Growth in Emotional Intelligence</u> . Submitted to the Journal of Counselor Education and Supervision.
2007	Koffman, S., Anderson, P., Hastings, P., Bennett, E., Lauritsen, K., Hansen, D., Burt, N., Everson, E., & McClinton, B. (2007). <u>The Importance of Emotional Intelligence in</u>

*Counselor Education* (manuscript in preparation/ to be submitted) *Counseling and Values*  
(the official journal of ASERVIC)

## PROFESSIONAL PAPERS PRESENTED

- Fall 2011 Hastings, P., Butler, M., Positive Psychology: Its use in the Counseling Process and Counselor Training. Washington Counselor Association Annual Conference, Spokane, WA, Invited Presentation.
- Fall 2008 Dockendorff, S., Bennett, E., and Hastings, P. Student Indebtedness and Expected Income for Counselors. Washington Counseling Association Mini-Conference, Spokane, WA, Invited Presentation
- Fall 2008 Koffman, S., Hastings, P., Bennett, E. et. Al. Emotional Intelligence in Counselor Education Students. Washington Counseling Association Mini-Conference, Spokane, WA, Invited Presentation
- Fall 2007 Koffman, S., Bennett, E., Hastings, P., Disney, K., Buzinover, Y., Fisher, A., Langman, N., Lussier, R., Parker, C., Sauder, S., & Simon, J. (2007). *From Small Beginnings Come Great Things: The Growth of Emotional Intelligence in Future Counselors; Year 3 of the Study at Gonzaga University.* at Washington Counseling Association, Seattle, WA.
- Fall 2004 Washington Counseling Association presentation October 2004 with Steve Koffman, Devon Hanson, and Shirley Williams: "Empathy and Emotional Intelligence: Dispositional Factors in Graduate Students in Counselor Education and Related Educational Programs."  
Washington Counseling Association presentation October 2004 with Lisa Bennett: "The Process of Counseling. A Tool that makes Sense."
- Fall 1984 Malpractice Insurance Policies of APA approved Ph.D. programs at the WACES Convention in Monterey, California
- Fall 1983 Western Association for Counselor Education and Supervision presented research paper: "Malpractice Insurance; Protection for Graduate Internship Supervision." Awarded Best Presentation and was asked to present at the National Conference in Houston, Texas, Spring, 1984.
- Fall 1982 Western Association for Counselor Education and Supervision presentation: "Practicum and Internship Models of Counseling Psychology Internship Supervision."
- Fall 1981 Western Association for Counselor Education and Supervision presentation: "The Development of Off-Campus, Counseling-Psychology Programs."

## COMMUNITY SERVICE

- 1977-1978 Family Crisis Counselor, Spokane Youth Alternative
- 1974-1976 School Community Liaison, School District #81, Spokane, WA

